

Margaret "Maggie" Thompson

Certified Nursing Assistant (CNA) | Dementia Care Specialist
Atlanta, GA |

Professional Summary

Dedicated and compassionate Certified Nursing Assistant with over 22 years of hands-on experience in senior care, specializing in Alzheimer's and dementia support. Proven ability to build trusting relationships with clients and families through patience, consistency, and a deep respect for dignity. Skilled in creating structured, calm environments that promote safety, comfort, and emotional well-being.

Core Competencies

- Alzheimer's & Dementia Care
 - Behavior & Agitation Management
 - Personal Care & Hygiene Assistance
 - Meal Planning & Preparation
 - Daily Routine Structuring
 - Family Communication & Support
 - Medication Reminders
 - End-of-Life Companionship
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Certifications & Training

- Certified Nursing Assistant (CNA) – Georgia State Board, Active
- Alzheimer's Association Training – Dementia Care Best Practices
- CPR & First Aid Certified – American Red Cross
- HIPAA & Confidentiality Compliance
- Safe Transfer Techniques & Fall Prevention

Professional Experience

Senior CNA – Memory Care Unit | Sunrise Senior Living

Atlanta, GA | 2010 – Present

- Provide daily care for 12+ residents with mid- to late-stage Alzheimer's and dementia.
- Implement personalized engagement plans including reminiscence therapy, music, and gentle activities.
- Manage challenging behaviors with redirection and validation techniques.
- Train and mentor 6 new CNAs on dementia-sensitive care approaches.
- Recognized twice as "Caregiver of the Quarter" for exceptional compassion and reliability.

Home Health Aide – Private Clients

Decatur, GA | 2005 – 2010

- Delivered one-on-one in-home care for clients with dementia and mobility limitations.
- Prepared nutritious meals tailored to dietary needs and preferences.
- Assisted with bathing, grooming, dressing, and medication reminders.
- Provided respite care and emotional support to family caregivers.

CNA – Brookdale Senior Living

Norcross, GA | 2002 – 2005

- Assisted residents in assisted living and memory care wings.
- Facilitated group activities and social outings to encourage engagement.
- Documented care plans and reported health changes to nursing staff.

Education

CNA Certification Program
Georgia Medical Institute – Atlanta, GA
Completed: 2002

Ongoing Continuing Education
Annual dementia care workshops, Alzheimer's Association seminars, caregiver wellness training.