

Chloe Smith

Companion Caregiver
Sandy Springs, GA |

Professional Summary

A nurturing and positive companion caregiver with 4 months of experience dedicated to reducing loneliness and enhancing daily life through joyful engagement. Specializes in providing meaningful social companionship through conversation, shared activities like reading and games, and assistance with light duties. Holds a dedicated Companion Care Certification and brings a fresh, enthusiastic focus to emotional well-being and mental stimulation.

Core Competencies

- Social Companionship & Conversation
 - Cognitive Engagement Activities: Reading aloud, puzzles, board/card games
 - Light Duty Assistance: Meal preparation support, light tidying, plant care, organization
 - Mood & Engagement Observation
 - Creating a Positive, Uplifting Environment
 - Basic Emergency Awareness
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Certifications & Training

- Companion Care Certification – National Caregiver Certification Board
- CPR & First Aid Certified – American Red Cross
- Activities for Social Engagement – Workshop Completion

- Dementia & Alzheimer's Friendly Communication Basics
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Professional Experience

Companion Caregiver – Joyful Companions Senior Services

Sandy Springs / Buckhead, GA | 2023 – Present

- Provides scheduled companionship visits for 5 clients, focusing on social interaction and mental engagement.
 - Reads books, newspapers, and magazines aloud based on client interest.
 - Engages clients in games like checkers, card games, and large-print puzzles to promote cognitive activity.
 - Assists with light duties such as preparing a simple lunch together, watering plants, or sorting mail.
 - Received positive feedback from families noting noticeable improvements in their loved one's mood and reduced feelings of isolation.
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Activity & Engagement Approach

- Interest-Based Planning: Learns about the client's hobbies, history, and preferences to tailor activities.
 - Patience & Encouragement: Creates a no-pressure environment where the focus is on enjoyment, not achievement.
 - Variety & Flexibility: Brings new books, music, or game ideas to keep engagement fresh, while respecting favorite routines.
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Companionship Focus

1. Active Listening: Engages in meaningful conversation, showing genuine interest in the client's stories and thoughts.

2. Shared Experiences: Believes companionship is a two-way street, building a friendly rapport.
 3. Positive Presence: Aims to be a consistent source of cheerfulness and reliability.
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Education

Companion Care Certification Program
Caregiver Training Institute – Online
Completed: 2023

Some College – Psychology Courses
Georgia State University
Attended: 2021-2022