

Irene Murphy

End-of-Life Doula & Senior Caregiver
Peachtree City, GA |

Professional Summary

Compassionate and highly experienced caregiver with over 16 years of specialized focus in end-of-life and hospice care. Provides holistic comfort, pain and symptom management support, and deep emotional sustenance for both individuals and their families. A dedicated advocate for dignity and peace during life's final chapter.

Core Competencies

- Hospice & End-of-Life Vigil Care
 - Pain & Symptom Observation & Support
 - Emotional & Spiritual Support for Families
 - Grief & Bereavement Resource Guidance
 - Comfort-Focused Personal Care
 - Legacy Project Facilitation
 - Interdisciplinary Care Collaboration
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Certifications & Training

- End-of-Life Doula Certification – National End-of-Life Doula Alliance (NEDA)
- Hospice & Palliative Care Volunteer Training – VITAS Healthcare
- CPR & First Aid Certified
- Grief Support Strategies – The Dougy Center
- Comfort Touch for the Dying

Professional Experience

End-of-Life Care Specialist – Sacred Journey Hospice
Newnan, GA | 2015 – Present

- Serves as a primary caregiver and doula for hospice patients in private homes, ensuring physical comfort and emotional peace.
- Manages personal hygiene with meticulous gentleness, focusing on patient dignity.
- Observes and reports pain and symptom changes to hospice nurses, implementing non-pharmacological comfort measures.
- Sits vigil with actively dying patients to ensure they are not alone.
- Provides consistent, clear communication and emotional support to family members, explaining processes and offering a steady presence.

Bereavement Support Liaison – Serenity Hospice Care
Fayetteville, GA | 2008 – 2015

- Conducted follow-up care with families for 13 months post-loss, offering grief support and resource connections.
- Facilitated monthly family grief support groups.
- Developed a deep understanding of the long-term emotional landscape of bereavement.

Private Duty Caregiver – End-of-Life Cases
Metro Atlanta, GA | 2007 – 2008

- Provided intensive, live-in care for individuals choosing to die at home, coordinating with family and palliative care teams.

Philosophy of Care

- Patient-Led Comfort: The individual's comfort and expressed wishes direct all care.

- Family as Unit of Care: Supports the emotional and practical needs of the entire family system.
 - Sacred Space Holder: Maintains a quiet, respectful, and peaceful environment.
 - Advocate for Dignity: Ensures the individual is seen, heard, and honored until the very end.
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Education & Continuous Learning

Self-Directed Study in Thanatology

- Regular attendee of the National Hospice and Palliative Care Organization (NHPCO) Annual Conference.
 - Completed workshops on: Vigil Arts, Pediatric End-of-Life Care, and Ethical Wills.
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Availability

- Schedule: Available for shifts, overnights, and vigil-sitting. On-call for crisis support.
- Service Type: Exclusively end-of-life, hospice, and grief support cases.
- Service Area: South Metro Atlanta (Fayette, Coweta, South Fulton, Clayton Counties).