

LAUREN M. FOX

Certified Nursing Assistant (CNA)

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Professional Summary

Compassionate and dedicated Certified Nursing Assistant with 12+ years of experience specializing in memory care, dementia support, and senior wellness. Proven ability to provide attentive, personalized care in home health, assisted living, and specialized memory care settings. Recognized for empathy, patience, and creating a calm, supportive environment for clients and families.

Certifications & Licenses

- CNA License, State of Georgia & Florida (Active)
 - CPR & First Aid Certified (American Red Cross)
 - Certified Dementia Practitioner (CDP)
 - Alzheimer's Association Training: Person-Centered Care
 - HIPAA & Infection Control Certified
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Core Skills

- Dementia & Alzheimer's Care
 - Behavioral & Emotional Support
 - Personal Care & Hygiene Assistance
 - Safe Mobility & Transfer Techniques
 - Vital Signs & Health Monitoring
 - Therapeutic Activities & Engagement
 - Family Education & Communication
 - End-of-Life & Hospice Support
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Work Experience

CNA – Georgia Memory Care Center

Atlanta, GA | 2016 – 2018

- Provided specialized care for 15+ residents with mid-to-late stage dementia.
- Implemented individualized therapeutic activities to reduce anxiety and promote engagement.
- Assisted with behavior management using redirection and validation techniques.
- Collaborated with nursing staff to monitor medication efficacy and behavioral changes.

Senior CNA – Home Care Agency

Miami, FL | 2018 – Present

- Deliver one-on-one in-home care for clients with dementia and mobility challenges.
- Support families with caregiver training and emotional guidance.
- Track and report health changes to RN supervisors and physicians.

CNA – Sunshine Assisted Living

Fort Lauderdale, FL | 2014 – 2016

- Cared for residents in a secured memory care unit.
- Facilitated group activities including music therapy and reminiscence sessions.
- Recognized for excellence in person-centered dementia care.

CNA – Coral Gables Rehabilitation Center

Coral Gables, FL | 2012 – 2014

- Supported post-stroke and neurological patients with daily rehab exercises.
- Documented cognitive and physical progress in patient charts.

Education

CNA Certification Program

Miami Dade College – Miami, FL

Dementia Care Specialist Training
Georgia Alzheimer's Association – Atlanta, GA