

Ben Carter

Hospice Care Aide & Spiritual Support Companion
Canton, GA |

Professional Summary

Compassionate and spiritually grounded caregiver with 7 years of dedicated experience in hospice and end-of-life care. Specializes in providing holistic comfort, pain management support, and non-denominational spiritual companionship. Committed to honoring the dignity of each individual and supporting families with a calm, steady presence through the final journey.

Core Competencies

- Hospice & End-of-Life Vigil Care
 - Non-Denominational Spiritual & Emotional Support
 - Pain & Symptom Observation & Comfort Measures
 - Family Respite & Bereavement Support
 - Sacred Space Holding & Ritual Facilitation (as requested)
 - Compassionate Personal Care
 - Interdisciplinary Team Collaboration
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Certifications & Training

- Hospice & Palliative Care Aide Certification – National Hospice and Palliative Care Organization (NHPCO) Approved
- CPR & First Aid Certified – American Red Cross
- Spiritual Care for the Dying – Clinical Pastoral Education (CPE) Introductory Units

- Grief Support Companion Training – The Dougy Center Model
 - Comfort Touch & Integrative Therapies
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Professional Experience

Hospice Aide & Spiritual Support – Heartland Hospice
Cherokee County, GA | 2019 – Present

- Serves as a primary care aide for hospice patients in private homes and facilities, providing hands-on personal care with utmost gentleness.
- Offers intentional spiritual and emotional support, adapting to the beliefs and wishes of each patient and family—whether through prayer, reading, listening, or silent presence.
- Sits vigil with actively dying patients to ensure they are not alone.
- Provides regular respite for family caregivers, allowing them time to rest while knowing their loved one is in compassionate hands.
- Acts as a liaison between the family and the hospice team, communicating observations with clarity and empathy.

Bereavement Volunteer & Companion – Tranquility Hospice
Woodstock, GA | 2016 – 2019

- Provided companionship and emotional support to patients in the final weeks of life.
 - Facilitated legacy projects (recording stories, creating memory books) for patients and families.
 - Assisted the bereavement coordinator with follow-up support calls to families.
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Philosophy of Spiritual Support

- Client-Led: Follows the lead of the patient and family; offers support without imposition.
- Inclusive: Respects all faith traditions, spiritual paths, and secular beliefs.
- Practical Spirituality: Manifests as deep listening, presence, and honoring life's meaning.

- Goal: To help individuals find peace, meaning, and connection in their final days.
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Education & Continuous Learning

Ongoing Study in Thanatology & Pastoral Care

- Regular attendee of the NHPCO Annual Conference.
 - Completed workshops on: "The Art of Vigil," "Pediatric End-of-Life Spiritual Care," and "Mindfulness in Caregiving."
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Availability

- Schedule: Available for shifts, overnights, and vigil sitting. Flexible for family respite needs.
- Service Type: Exclusively hospice, end-of-life care, and grief support.
- Service Area: Cherokee County and North Cobb.