

# Priya Sharma

Home Health Aide | Personal Care & Household Support

Suwanee, GA |

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## Professional Summary

Attentive and nurturing Home Health Aide with 1.5 years of experience providing personalized meal support, light housekeeping, and social engagement. Focuses on creating a healthy, pleasant living environment through nutritious food preparation and maintaining a clean, orderly space. Bilingual in English and Hindi, facilitating clear and comfortable communication.

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## Core Competencies

- Meal Planning & Preparation: Nutritious, dietary-specific cooking
  - Light Housekeeping: Laundry, dishwashing, tidying, sanitizing surfaces
  - Social Engagement & Companionship: Conversation, shared activities, outings
  - Grocery Shopping & Kitchen Management
  - Bilingual Communication: English & Hindi
  - Daily Routine Assistance
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## Certifications & Training

- Home Health Aide (HHA) Certification – State of Georgia, Active
  - Food Safety Certificate – ServSafe Handler
  - CPR & First Aid Ready
  - Infection Control in Home Setting
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## Professional Experience

Home Health Aide – Comfort Keepers North Gwinnett

*Suwanee, GA | 2022 – Present*

- Assist clients with daily meal planning and preparation according to dietary needs and preferences.
- Perform light housekeeping duties, including laundry, changing linens, and maintaining clean kitchen and bathroom areas.
- Provide companionship through conversation, reading, and accompanying clients on short walks or outings.
- Manage grocery lists and shopping to ensure the home is stocked with healthy options.

Family Support Assistant – Private Duty

*Duluth, GA | 2021 – 2022*

- Supported a senior gentleman recovering from surgery with meal prep and light household management.
  - Prepared traditional, soft-textured meals that met post-surgical dietary requirements.
  - Organized the home to improve accessibility and reduce fall risks.
  - Became a trusted companion, helping to maintain a positive and healing atmosphere.
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## Approach to Meal Planning & Nutrition

- Reviews dietary restrictions and preferences to create balanced weekly menus.
  - Emphasizes fresh ingredients, balanced plates, and appropriate portion sizes.
  - Enjoys preparing a variety of cuisines, adaptable to client tastes.
  - Ensures kitchen is clean, organized, and safe for food preparation.
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## Languages

- English: Fluent
  - Hindi: Fluent (spoken and written)
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## Education

Home Health Aide Certification Program

Gwinnett Technical College – Lawrenceville, GA

*Completed: 2021*

Food Safety Certificate (ServSafe Handler)

*Issued: 2022*

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## Availability

- Schedule: Daytime hours, Monday through Saturday
  - Preferred Duties: Roles involving meal preparation combined with light housekeeping and companionship
  - Service Area: North Gwinnett County (Suwanee, Duluth, Buford)
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## References

Available upon request.