

MICHAEL J. RODRIGUEZ

Certified Nursing Assistant (CNA) & Senior Care Specialist

Professional Summary

Dependable and energetic CNA with 8+ years of experience in senior care, rehabilitation support, and chronic disease management. Skilled in assisting with activities of daily living, mobility support, and providing compassionate companionship. Known for building trusting relationships with clients and families while maintaining a positive, respectful care environment.

Certifications & Licenses

- CNA License, State of Florida (Active)
 - CPR & First Aid Certified (American Heart Association)
 - Certified in Parkinson's Care Support
 - Diabetes Management & Nutrition Training
 - Transfer & Mobility Safety Certified
-

Core Skills

- Chronic Condition Care (Parkinson's, Diabetes, COPD)
 - Mobility & Transfer Assistance
 - Personal Care & Hygiene
 - Medication Reminders & Management
 - Meal Planning & Dietary Support
 - Light Housekeeping & Errands
 - Companionship & Social Engagement
 - Patient & Family Education
-

Work Experience

CNA – Harmony Senior Living

Orlando, FL | 2020 – Present

- Provide daily care for residents with Parkinson's, diabetes, and mobility limitations.
- Assist with morning and evening routines, medication reminders, and meal preparation.
- Lead gentle exercise and walking groups to promote mobility and social interaction.
- Train new staff on person-centered care approaches and safety protocols.

Home Health Aide – Comfort Keepers

Tampa, FL | 2017 – 2020

- Delivered in-home care for elderly clients with chronic illnesses.
- Managed medication schedules, documented health changes, and communicated with healthcare teams.
- Provided transportation to appointments, grocery shopping, and social outings.
- Recognized for reliability and compassionate client relationships.

CNA – Bayfront Rehabilitation Hospital

St. Petersburg, FL | 2015 – 2017

- Assisted post-operative and stroke-recovery patients with daily rehabilitation exercises.
 - Monitored vital signs and reported changes to nursing staff.
 - Supported occupational and physical therapists during treatment sessions.
-

Education

CNA Certification

Hillsborough Community College – Tampa, FL

Chronic Disease Care Workshop Series

Florida Health Care Association – Orlando, FL

Personal Attributes

- Patient, observant, and proactive
- Strong communicator with families and care teams
- Physically fit and skilled in safe transfer techniques
- Bilingual: English & Conversational Spanish
- Passionate about promoting independence and quality of life